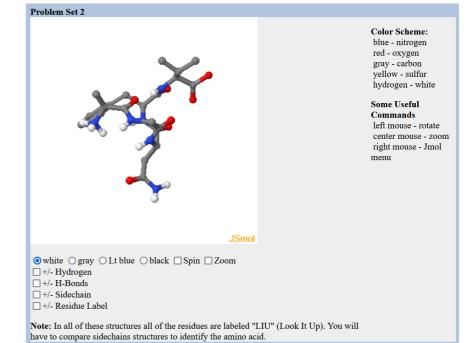
# Lecture 2 Protein Structure and Function, Carbohydrates

- Protein Structure and Stability
- Ligand Binding
- Proteins as enzymes (PKU disease)
- Carbohydrates

Prior to lecture 3, please review the lecture material on introduction to nucleic acids (slides and video link posted on course web site)



## **Molecular Interactions**

 $\Delta E = E_{AB} - (E_A + E_B) \sim E_{A \cup B}$ 

The energy change when two things come together can be approximated to be due to **new** inter-molecular interactions:  $E_{A\cup B}$ .

Interaction	Interaction	Energy (kJ/mol)
Electrostatic interactions (in water)	Full charges	~5 kJ/mol/single interaction
Van der Waals: Dipole-Dipole	Perm. partial charges	~0.05 kJ/A <sup>2</sup> x 100 A <sup>2</sup> = 5 kJ/mol for 100 A <sup>2</sup>
Van der Waals: Induced-dipole	Induced partial charges	~0.02 kJ/A <sup>2</sup> x 100 A <sup>2</sup> = 2 kJ/mol for 100 A <sup>2</sup>
H-Bonds	Electrostatic + e sharing	~20 kJ/mol gross, <b>~5 kJ/mol net</b>

## iv) Hydrogen Bonds

- H-bonds are primarily (90%) an electrostatic attraction between:
  - Electropositive hydrogen, attached to an electronegative atom is the hydrogen bond donor (i.e. NH).
  - Electronegative hydrogen bond acceptor (e.g. the lone pairs of oxygen, or C=O group of an amide).

A "bond" implies electron sharing – about 10% of the electron is shared from one molecule to the next in the case of H-bonds

Note that the proton is **NOT** transferred to the acceptor, it remains covalently bonded to the donor atom. The Hydrogen Bond is the **interaction** between the X-H donor and electronegative acceptor.

		∆ <b>e</b>
N	—Н 2.1	0.9
<mark>0</mark> — 3.5	—Н 2.1	1.4

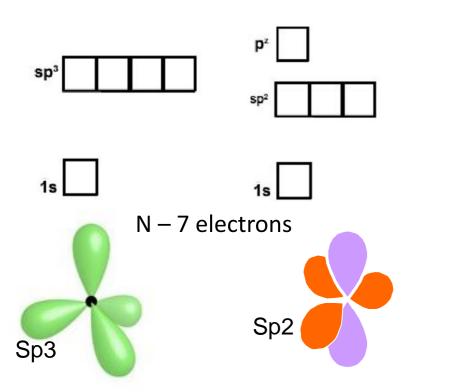
- The energy released when an H-bond forms depends on the distance and angle of the bond.
- Usually hydrogen bonds are exchanged, resulting in small *net* energy differences:



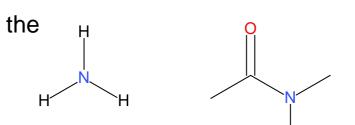
# How to Identify Hydrogen Bond Donor and Acceptors

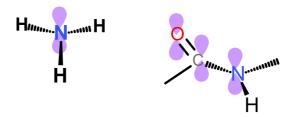
Exceptions, N in a delocalized system:

- Will not accept from above or below the plane of the system, because the lonepair is delocalized.
- Can accept in the plane of the ring if there is no attached hydrogen, via lone pair in sp2 orbital



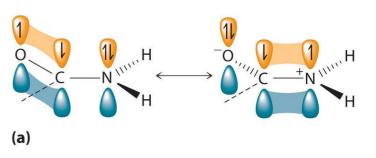
**Hybrid orbitals** are a mixture of atomic orbitals. Nitrogen can form two types of hybrid orbitals, sp3 (tetrahedral geometry) or sp2 (planer) + pz



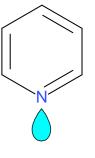


- Sp3 is used in ammonia, keeping the three hydrogen atoms as far from each other as possible. The fourth sp3 orbital is full with two electrons (lone pair).
- The lone pair is an excellent acceptor.

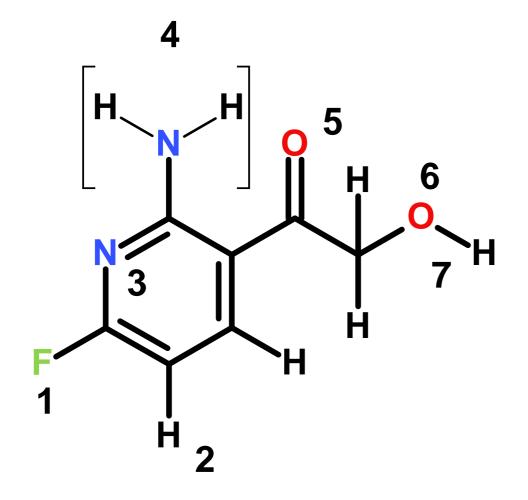
- Sp2 is used in amides, allowing favorable overlap of the full pz orbital with the pz on C and O
- The lone pair in the pz is shared with the pz electrons on carbon and oxygen.
- Due to electron sharing, there is only a slight neg. charge and the group does not accept an H-bond.



 Nitrogen in rings with three bonds can accept in the plane of the ring due to a filled lonepair orbital.



## 1. Indicate which atoms could donate an H-bond and which could accept and H-bond



ΑΤΟΜ	Donor(D)?	Acceptor(A)?	Neither (N)
1 (F)			
2 (C <sub>aro</sub> -H)			
3 (N)			
4 (-NH <sub>2</sub> )			
5 (C=O)			
6 (O)			
7 (O-H)			

#### Can you?

• Identify groups that can donate or accept hydrogen bonds?

# **Relative Energy of Interactions**

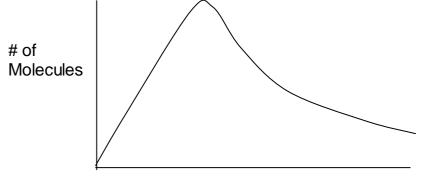
Interaction	Interaction	Energy (kJ/mol)
Covalent Bond	Electron sharing	200-400 kJ/mol
Electrostatic interactions (in water)	Full charges	~5 kJ/mol/single interaction
VdW - Dipole-dipole (Keesom)	Perm. partial charges	~0.05 kJ/A <sup>2</sup> x 100 A <sup>2</sup> = 5 kJ/mol for 100 A <sup>2</sup>
VdW – Induced dipole (London)	Induced partial charges	~0.02 kJ/A <sup>2</sup> x 100 A <sup>2</sup> = <b>2 kJ/mol for 100 A<sup>2</sup></b>
H-Bonds	Electrostatic + e sharing	~20 kJ/mol gross, <b>~5 kJ/mol net</b>

1. How does the energy of the last four interactions compare to covalent bonds?

1. Stronger 2. Weaker 3. The Same

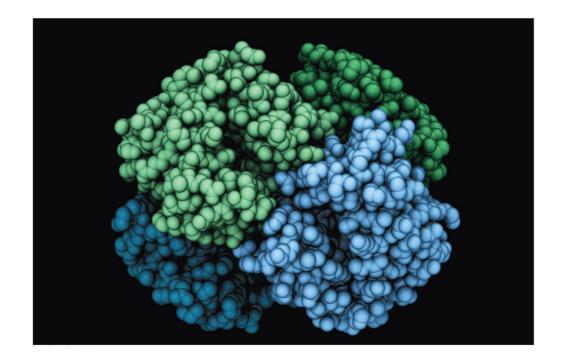
2. Which of these are closer to thermal energy, kT = 2.5 kJ/mol @ room temp.

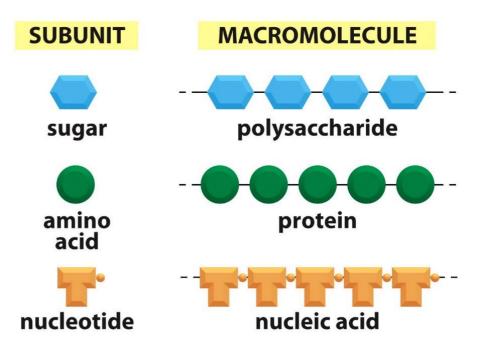
3. Are there significant molecules with enough energy at room temperature to break the interaction?



Energy

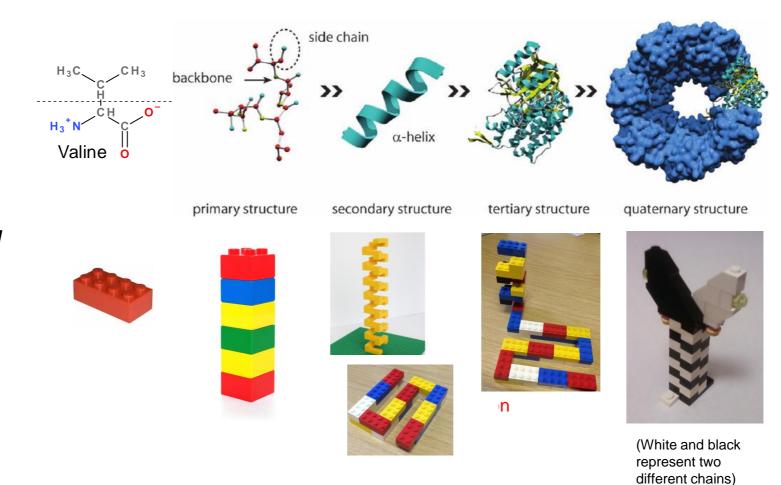
## **Proteins and Amino Acids**

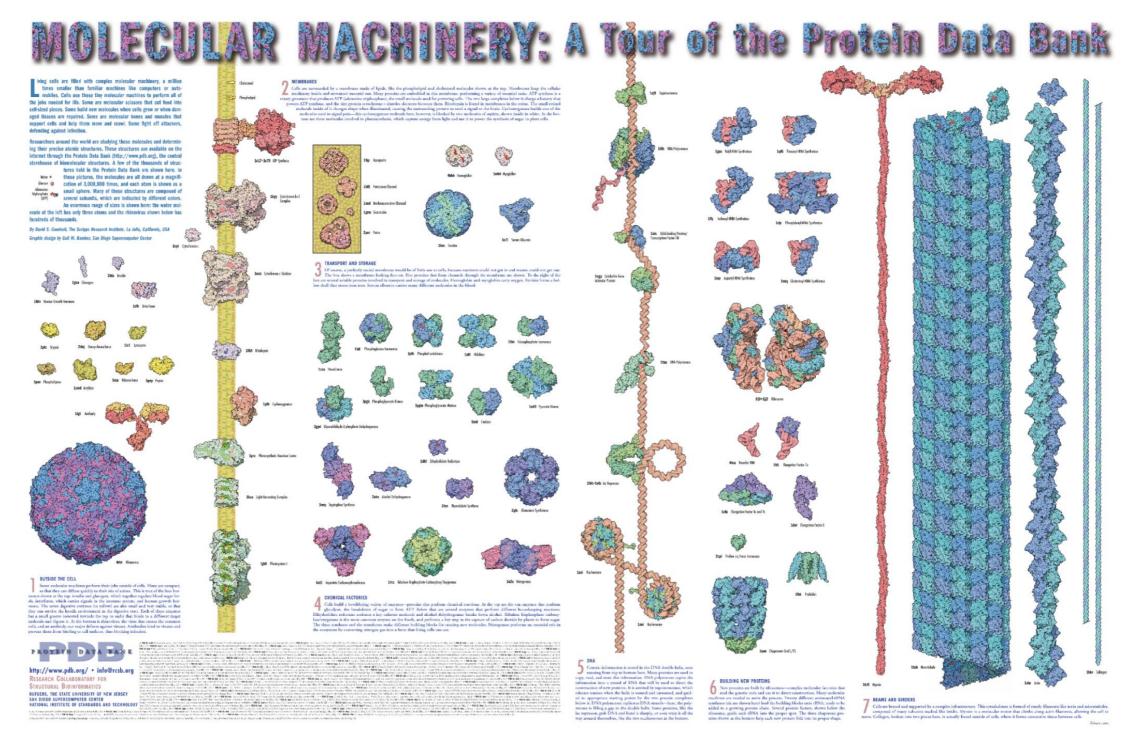




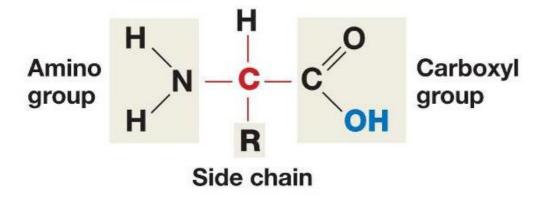
# **Structural Hierarchy of Proteins**

- Primary sequence of amino acids, no 3D structural information
- Secondary local structural elements, only mainchain atoms involved
- Tertiary 3D position of *all* atoms, functional form of many proteins.
- Quaternary multiple chains – multiple chains often required for function.

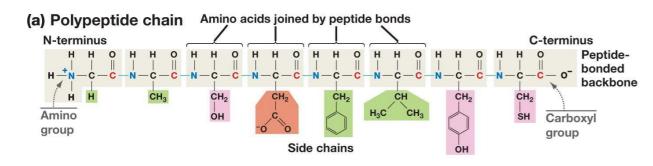




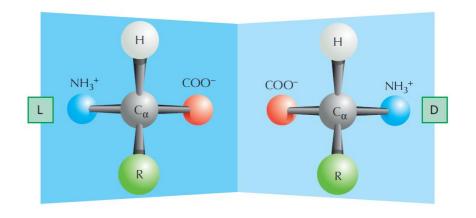
# The Structure of Amino Acids and Proteins



- The amino group, Cα (and one hydrogen), and the carbonyl group are common to all amino acids
- The N-Cα-C=O are the mainchain of the protein polymer.
- The R groups are different –there are 20 common R groups they are the sidechain of the protein polymer – their sequence defines the properties of the protein.



#### Is there a chiral carbon on amino acids?



Proteins consist exclusively of L-amino acids. (as does the ribosome that make them)

## **Primary Structure**

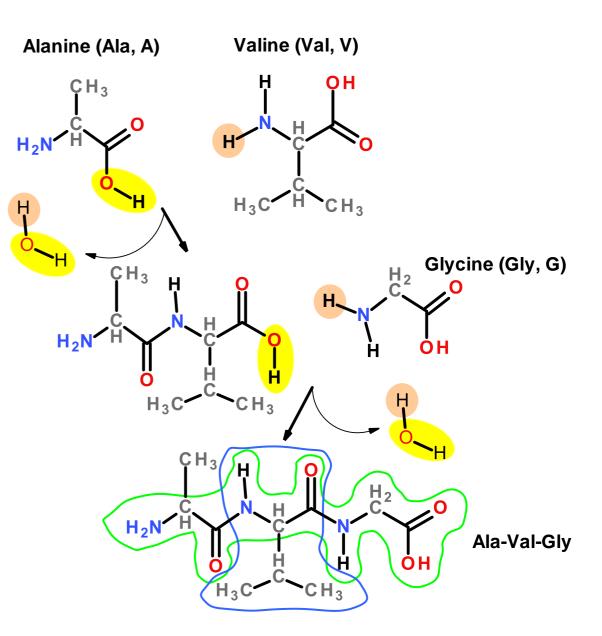
- Amino acids are joined together to form linear polymers by the formation of a <u>peptide bond</u> between the carboxyl of one amino acids and the amino group of the next.
- This reaction releases water: a **dehydration** reaction.
- The peptide bond can be broken (*lysis*) by the addition of water = **hydrolysis**.

Incorporated amino acid is called a *residue* (atoms are lost when the peptide bond is formed).
Polarity of chain direction – amino (N) terminus to carboxy(C) terminus = order of amino acids = *sequence* = *primary structure*Mainchain (or backbone) – linear atoms of the polymor

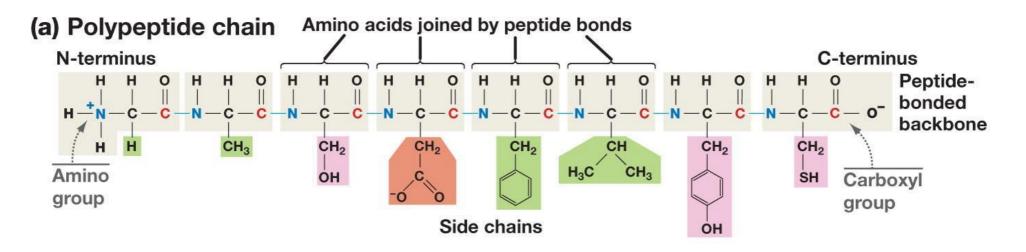
*Mainchain* (or backbone) – linear atoms of the polymer *Sidechain* – atoms off the Ca carbon

## **Primary Structure – Expectations**

- Draw chemical structure given the sequence.
- Determine the seq. from chemical structure.
- Distinguish/identify:
  - o Mainchain & Sidechain atoms,
  - **Residue** = aa in polymer,
  - o N & C terminus,
  - $\circ$  Peptide bond(s).

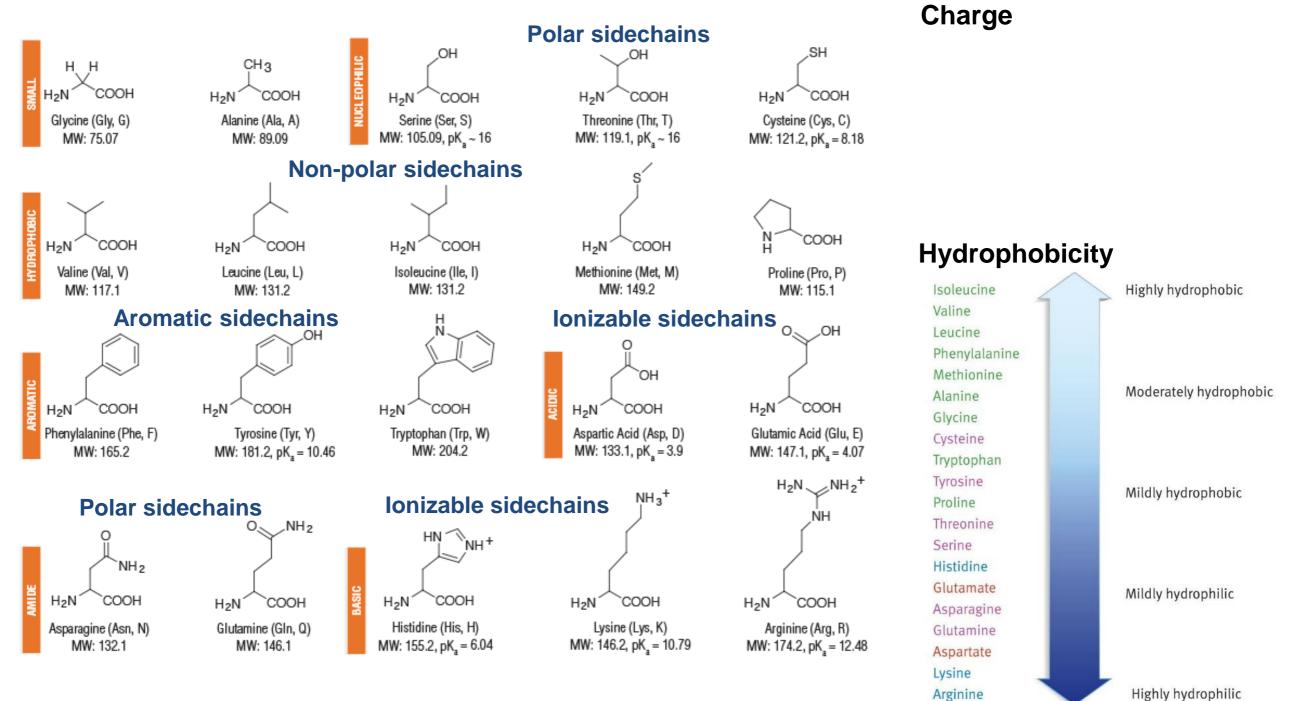


# Sidechain *Functional* Groups Affect Behavior (and the order is important)



- Sidechains (R-groups) differ in their size, shape, reactivity, and interactions with water.
  - Nonpolar Sidechains: hydrophobic; do not form hydrogen bonds; coalesce in water - typically form the core of folded proteins.
  - 2. Polar Sidechains: hydrophilic; form hydrogen bonds; readily dissolve in water
  - **3. Ionizable** Sidechains: Can be charged at certain pH values. Interact strongly with water.

## Amino Acids – Structure and Properties



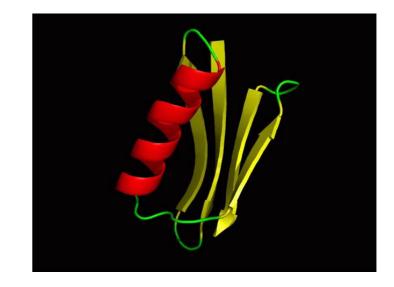
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# Secondary Structure

"Building blocks of proteins"

- Hydrogen bonds between the mainchain carbonyl group of one amino acid and the mainchain amino group of another form a protein's secondary structure.
  - A polypeptide must bend to allow this hydrogen bonding, forming:
    - $\alpha$ -helices
    - β-pleated sheets
- The large number of hydrogen bonds in a protein's secondary structure increases its stability each hydrogen bond that is formed releases some energy.
- All amino acids can be incorporated into either secondary structure

(However, some are found more frequently in one structure)



General Rule for Hydrogen Bonds: X-H Y X & Y are electronegative (N and O usually) X-H = Donor of the hydrogen bond Y = Acceptor of the hydrogen bond

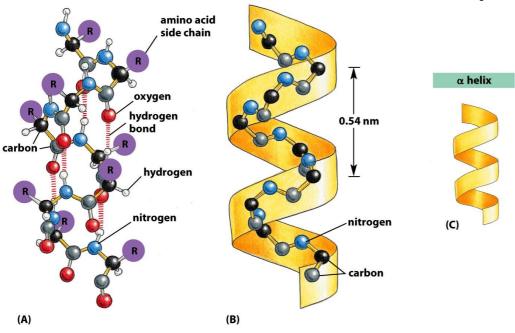
Mainchain hydrogen bonds

N-H O=C

The NH is the hydrogen bond\_\_\_\_

The C=O is the hydrogen bond

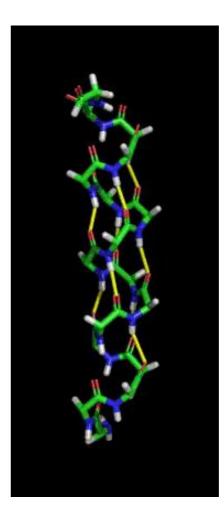
# Alpha Helix

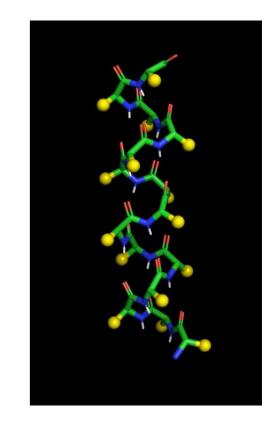


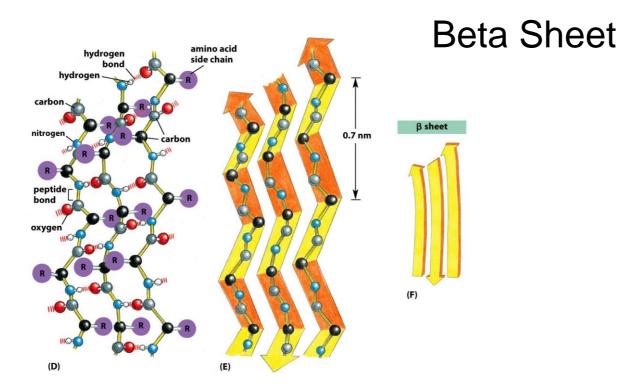
Spiral conformation (*helix*) in which every backbone N-H group donates a hydrogen bond to the backbone C=O group of the amino acid four residues earlier:

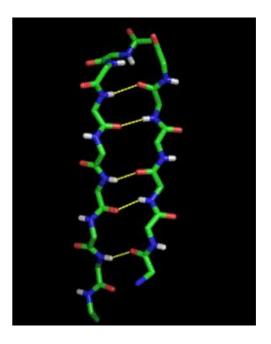
Intra-strand H-bonds, parallel to helix axis.

Side-chains project outwards.

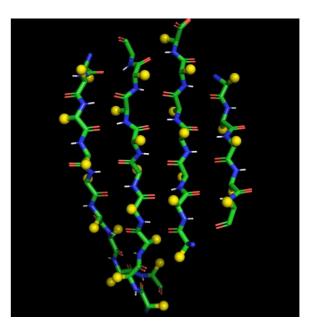




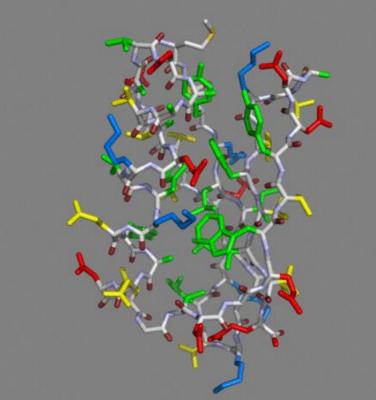




- Beta-Strands connected laterally by backbone hydrogen bonds that are perpendicular to the strand, forming a generally twisted, pleated sheet.
- Sheets can have two or more strands
- Side-chains:
  - project up and down along a strand.
  - project in the same direction going from strand to strand across the sheet.



## Tertiary Structure - Location of Residues in Globular Proteins



Inside (I)

Amino

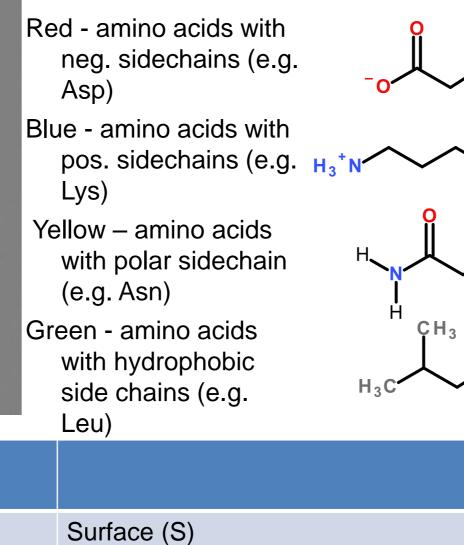
Acid Type

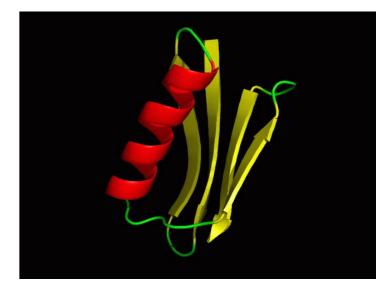
Charged

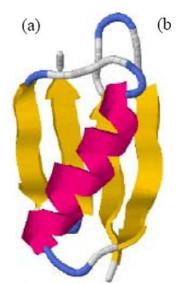
Non-polar

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Polar







Drugs and Disease S2025 - Lecture 2





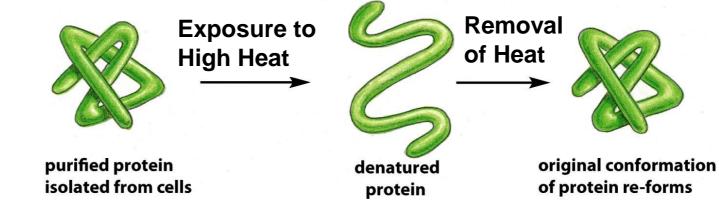
H-bonds van der Waals Hydrophobic effect



Chain disorder



### **Protein Denaturation**



• Often, unfolded protein aggregate, which prevents refolding.



# Unfolded Polypeptides Are Flexible – High Entropy stabilizes the Unfolded state



Exposure to High Heat

purified protein isolated from cells

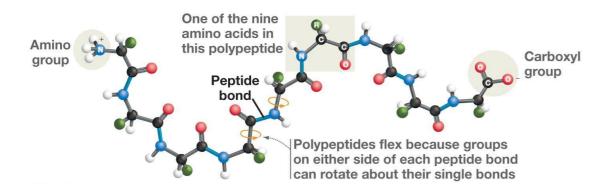


Energy and Entropy

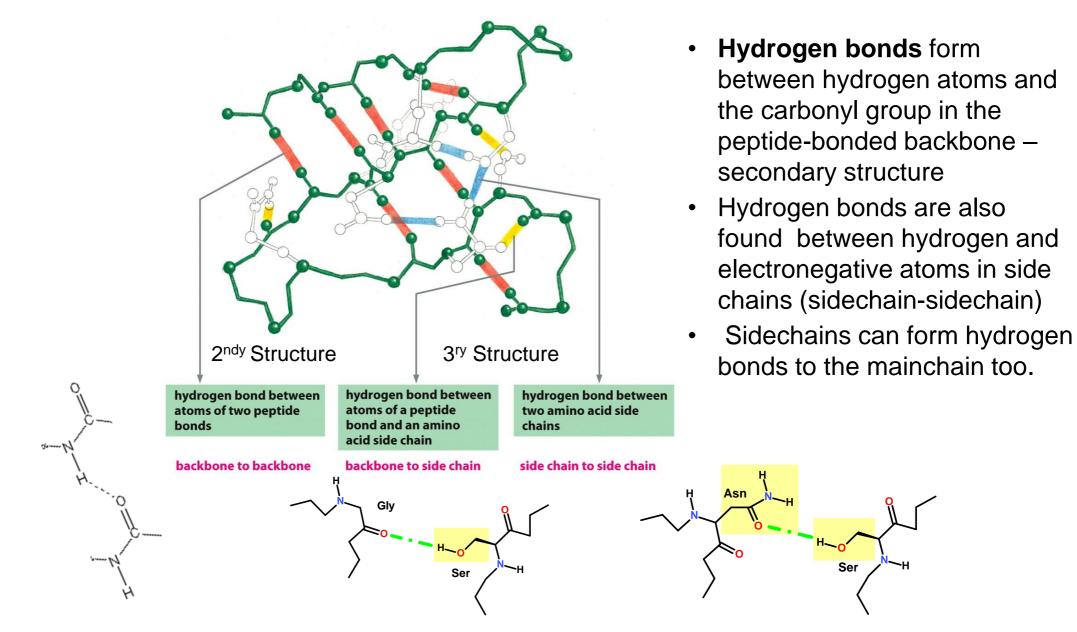








# Hydrogen Bonding Stabilizes the Tertiary Structure



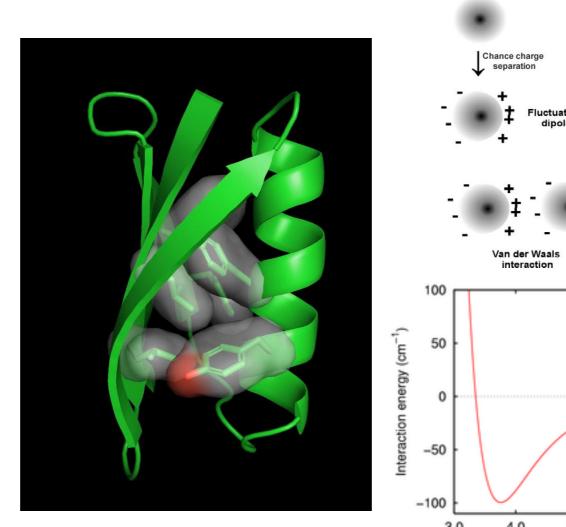
# Van der Waals (VdW) interactions Stabilize the Folded State

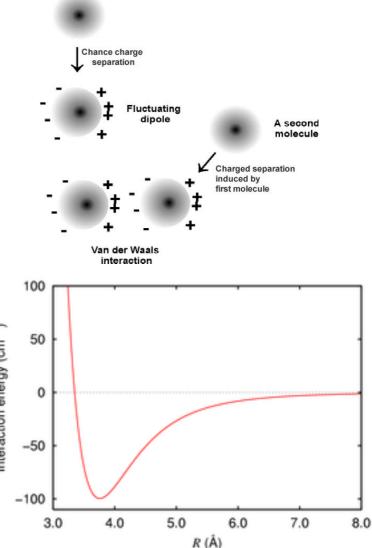
- VdW are weak electrostatic interactions between side chains due to temporary (fluctuating) charges.
- Attractive from long distance
- Distance at lowest energy is at the van der Waals radii of the atoms.
- Optimized in the core of folded proteins by "knobs fitting into holes"
- Strength proportional to contact area.
   van der Waals attractions

valine

valine

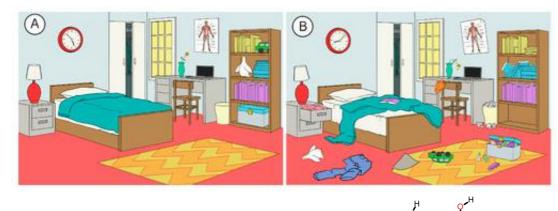
alanine

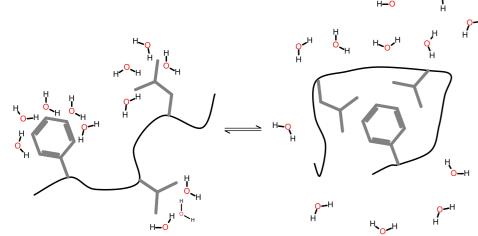




# Hydrophobic Interactions are Critical for Stabilizing the Folded Structure

## Energy and Entropy





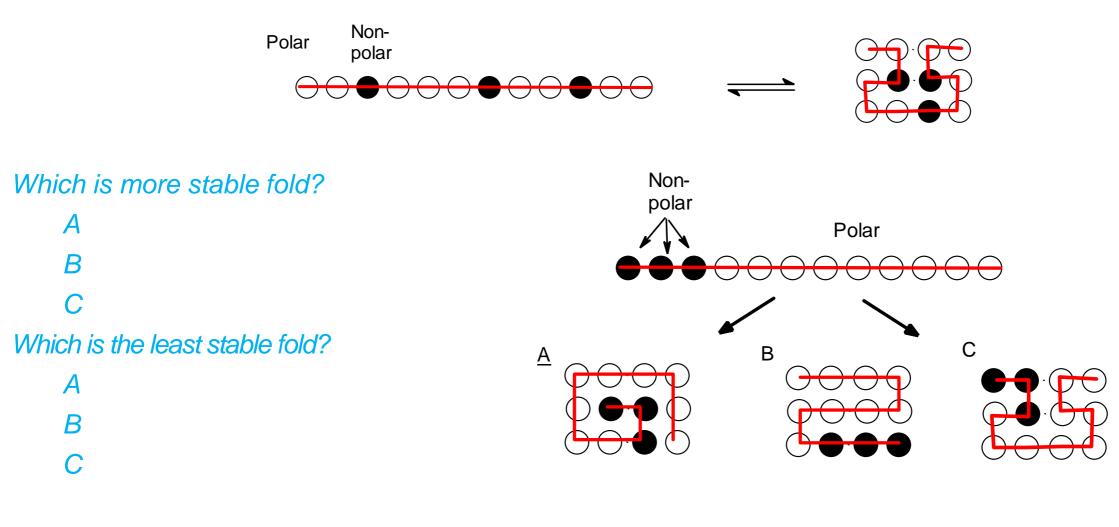
Ordered water hydrating a non-polar group



**Hydrophobic interactions** within a folded protein increase stability of the folded protein by releasing the ordered water that surrounded exposed non-polar groups in the unfolded protein. *Folding increases the entropy of the water – favorable.* 

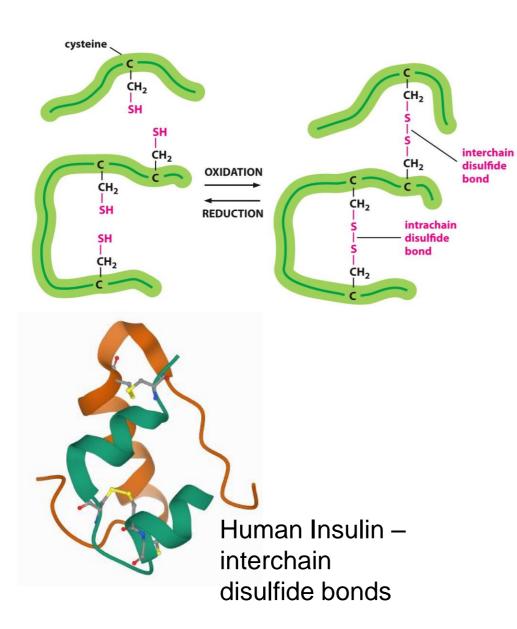
# Fold Depends on Amino Acid Sequence

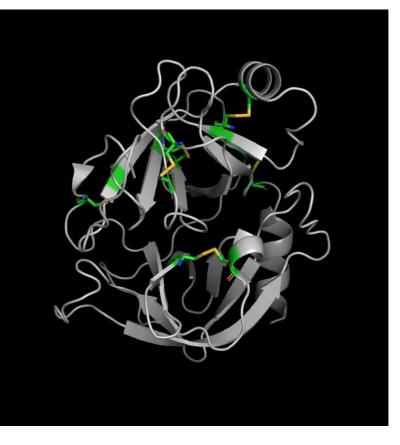
The *position* of non-polar residues (filled circles) mostly affects the final fold:



Why?

# Disulfide Bonds Stabilize Some Proteins Outside the Cell (and body)

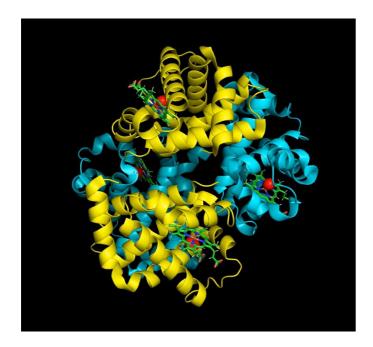




Trypsin – a digestive enzyme produced in the pancreas, exported to the small intestine – disulfide bonds within a single chain.

# **Quaternary Structure**

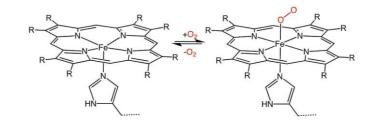
- Combinations of polypeptide subunits (combinations of tertiary structures).
- May be held together by covalent bonds (disulfide), but usually noncovalent interactions between amino acids on the different chains.
- Proteins can be a dimer, a tetramer, etc.
- If the chains are the same, called homo\_\_\_\_\_\_. If chains are different, hetero\_\_\_\_\_\_



Quaternary structure of hemoglobin (oxygen transport protein):

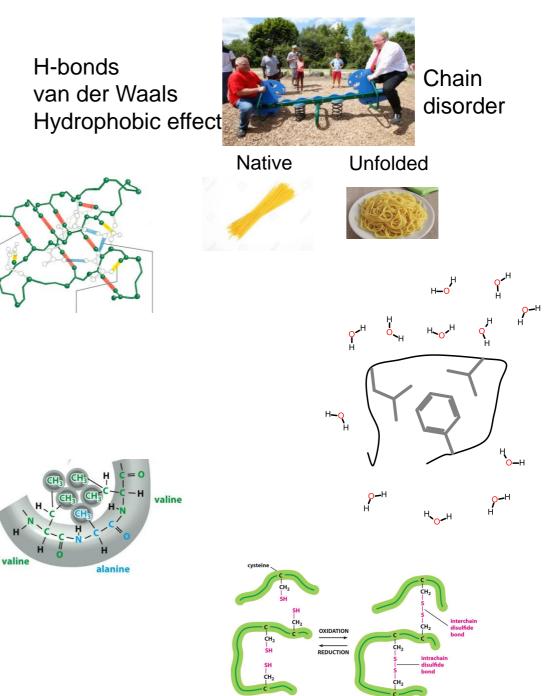
- two  $\alpha$  chains
- two  $\beta$  chains

Oxygen is carried on Fe<sup>2+</sup> within heme groups:

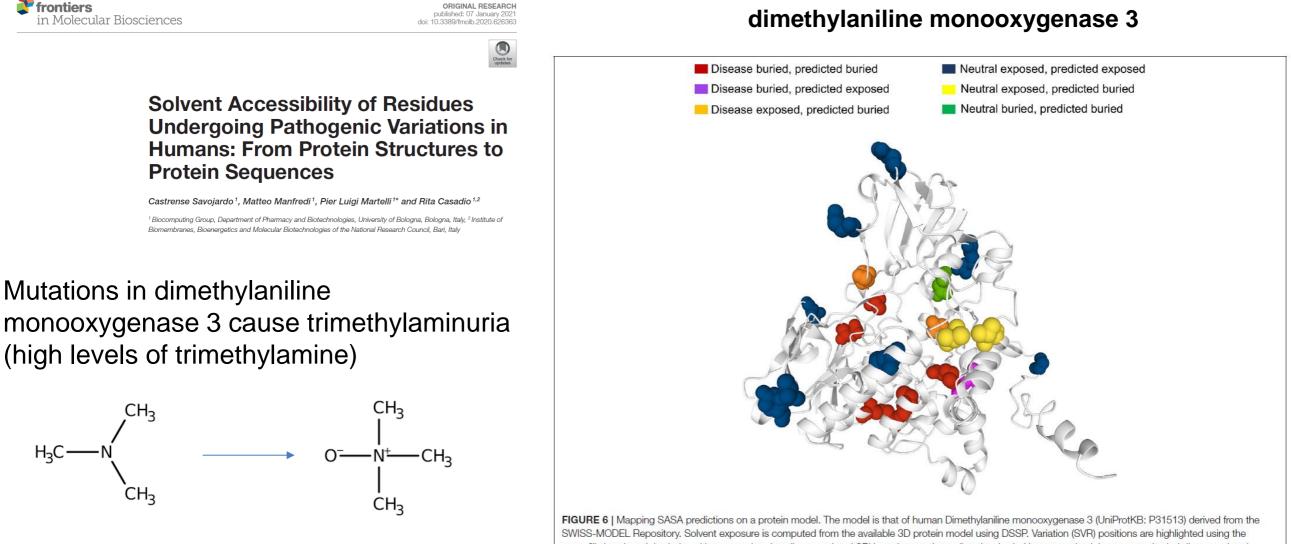


# Summary - Interactions that Stabilize Folded Proteins.

- Hydrogen bonds form between hydrogen atoms (NH) and the carbonyl group in the peptide backbone (mainchain), and between and donors and acceptors on sidechains.
   Mainchain-mainchain H-bonds are responsible for secondary structures.
- Hydrophobic interactions within a protein increase stability of the folded state by *increasing entropy due to the release of water that was ordered by the exposed non-polar groups in the unfolded protein.*
- van der Waals interactions are optimized in the well packed core of the protein.
- Covalent disulfide bonds form between sulfur-containing cysteine residues stabilizing them (usually only exported, secreted proteins).



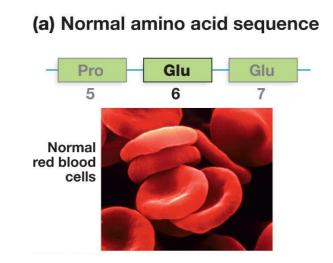
A single change in the amino acid sequence can change the function of a protein, and often affecting how it folds – Producing Inactive Proteins.

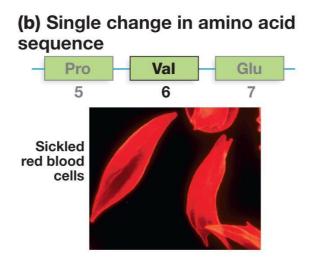


SWISS-MODEL Repository. Solvent exposure is computed from the available 3D protein model using DSSP. Variation (SVR) positions are highlighted using the spacefill view. In red, buried positions associated to disease-related SRVs and correctly predicted as buried by our method. In magenta, buried disease-related positions wrongly predicted as exposed. In orange, exposed disease-related positions wrongly predicted as buried. In blue, exposed neutral positions correctly predicted as buried. In green, buried neutral positions correctly predicted as buried.

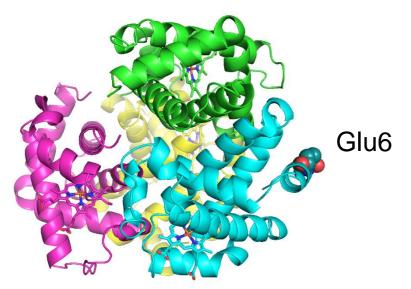
# Surface Mutations May Also Lead to Disease

Effect of mutations on protein folding - sickle cell anemia



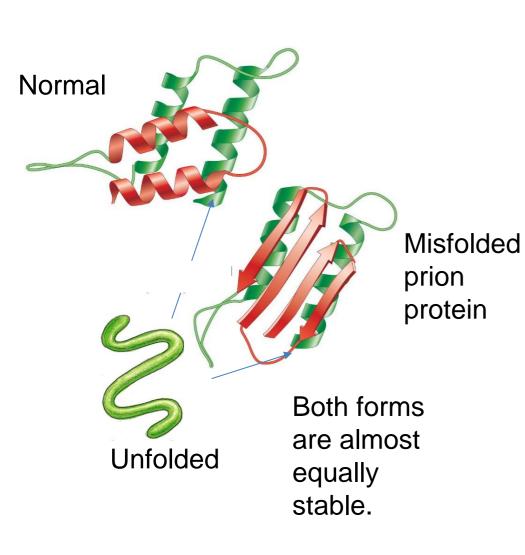


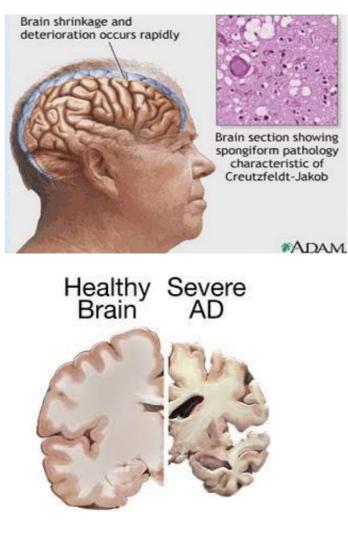
A single change in the amino acid sequence can change the function of a protein



# What Happens When Proteins Fold Into Different Structures?

Prions are improperly folded proteins that cause neurodegenerative diseases





What is the effect on the brain?

Unfolded protein response (UPR): The presence of unfolded proteins can trigger the UPR, which can turn off protein synthesis in the cell, leading to cell death.

Why do the brain cells die?

# Protein Structure - Summary and Expectations

### **Primary Structure:**

- Can you describe the mechanism of peptide bond formation
- Can you draw structure of peptides.
- Can you identify amino terminus and give the sequence of amino acids, N -> C

#### Secondary structure:

- Identify helical and sheet secondary structures,
- know that they are stabilized by **mainchain** hydrogen bonds between N-H and O=C.
- Location of H-bonds and sidechains

### **Tertiary Structure:**

- Can you describe and identify role of the following in stabilizing the folded state.
  - H-bonds,
  - van der Waals,
  - hydrophobic effect
- Can you predict, based on sidechain, which amino acids are found in the core of the protein and which are found on the surface.

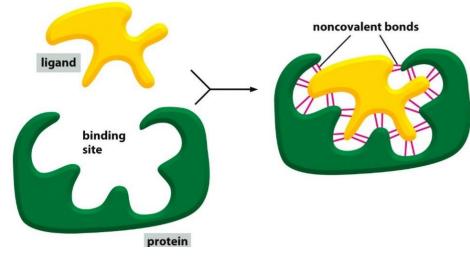
### **Quaternary Structure:**

• Multiple chains, stabilized by non-covalent and covalent (disulfide bonds) interactions.

#### **Diseases related to protein structure:**

- · Core mutations affect folding
- Surface mutations affect protein-protein (and Protein-DNA) interactions
- Stable isoforms toxic to the cell

Ligand Binding: Most Proteins Bind to Other Molecules in Biological Interactions:

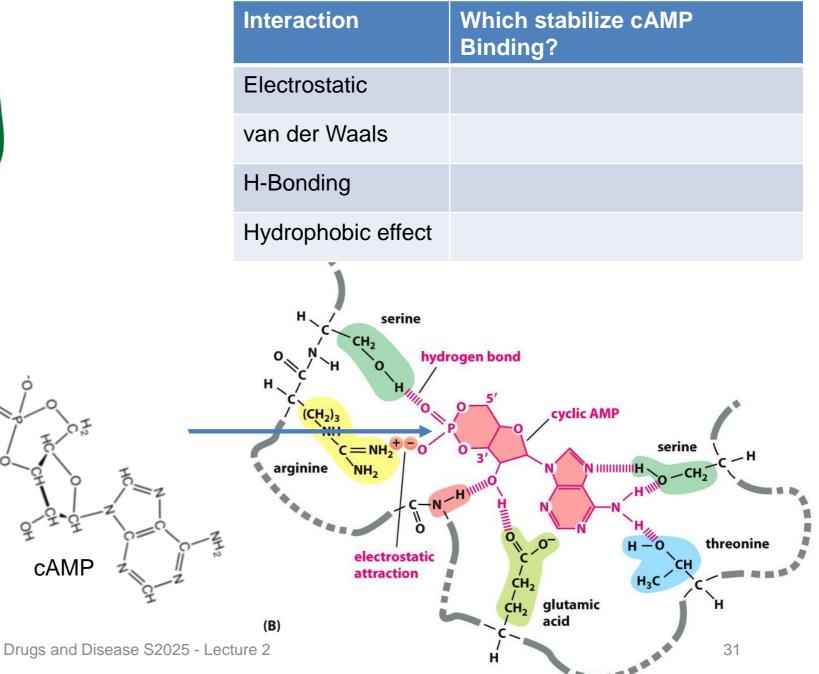


**Ligand**: Something that binds to a protein, usually small molecules (e.g. cyclicAMP, cAMP).

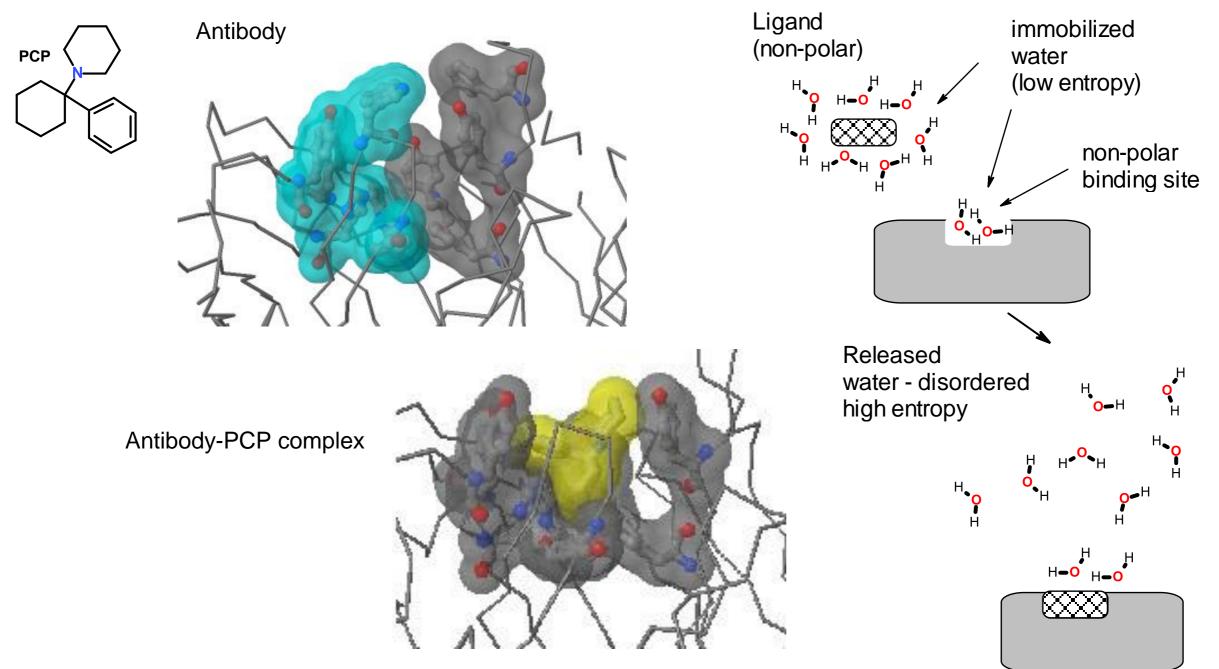
**Binding site** allow a protein to interact with specific **ligands** 

Binding site is generated by the **folded** form of the protein.

The bound ligand can be stabilized by any and all of the following interactions:



# Hydrophobic Effect and Ligand Binding

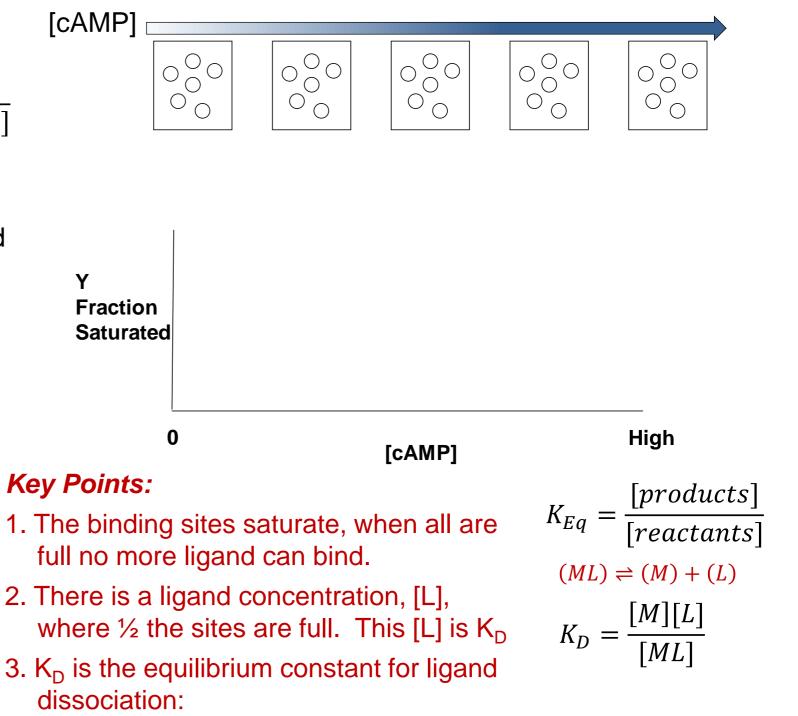


Ligand Binding & Saturation:

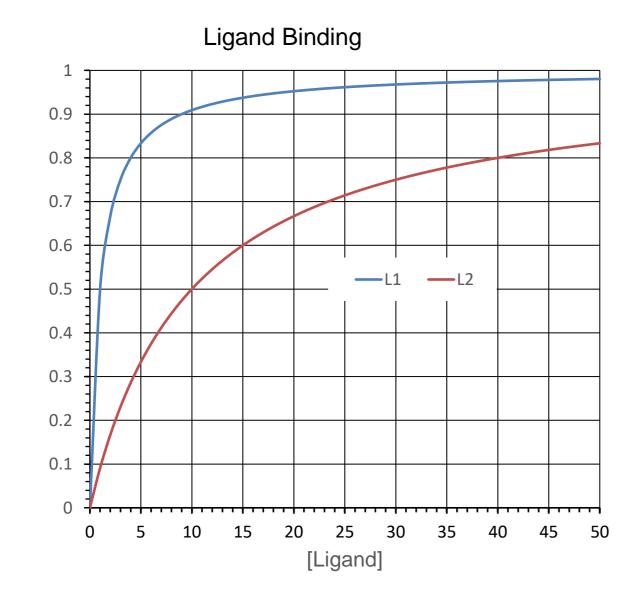
Define fraction saturated:  $Y = \frac{[ML]}{[M] + [ML]}$ 

- [M] = free macromolecule (e.g. antibody with no antigen).
- [ML] = macromolecule with ligand bound (e.g. antibody with antigen bound).
- The boxes with circles represent proteins with no cAMP bound, each box (left to right) is at a higher [cAMP]. Filled circles indicate bound ligand.
- 1. How will the number of filled circles depend on the cAMP concentration?

2. Plot the fraction saturated data point for each box.



# Using K<sub>D</sub> to Compare Ligand Binding

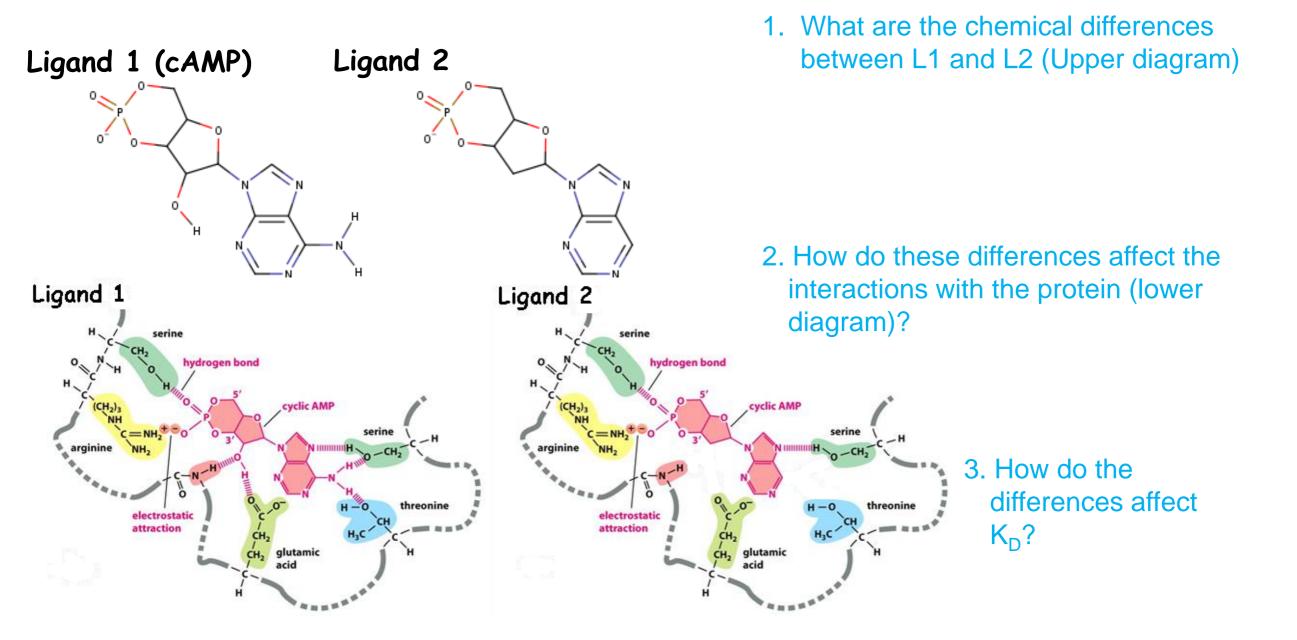


The binding of two different molecules to the same protein was measured and the data is shown on the right. L1 is cAMP, L2 is similar to cAMP

Which ligand has a  $K_D$  of 1? L1 or L2?

Which ligand has a K<sub>D</sub> of 10? L1 or L2?

Which ligand binds more tightly to the protein (higher affinity)? L1 or L2?



Why does L1 bind more tightly (higher affinity)?

# **Key Points:**

## **Binding**:

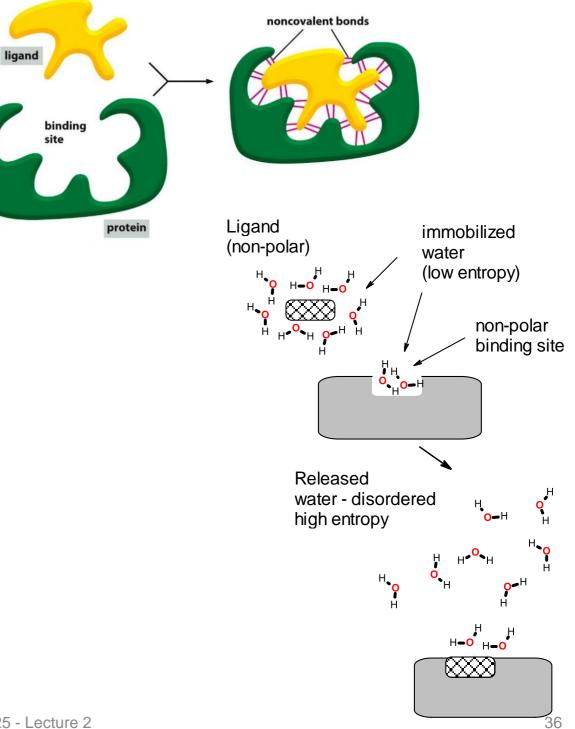
Folded proteins have **binding sites** that recognize other molecules (*ligands*) using *any and all* of the following:

- H-bonds,
- van der Waals,
- Electrostatic, •
- Non-polar interactions (hydrophobic)

## Binding is **reversible**

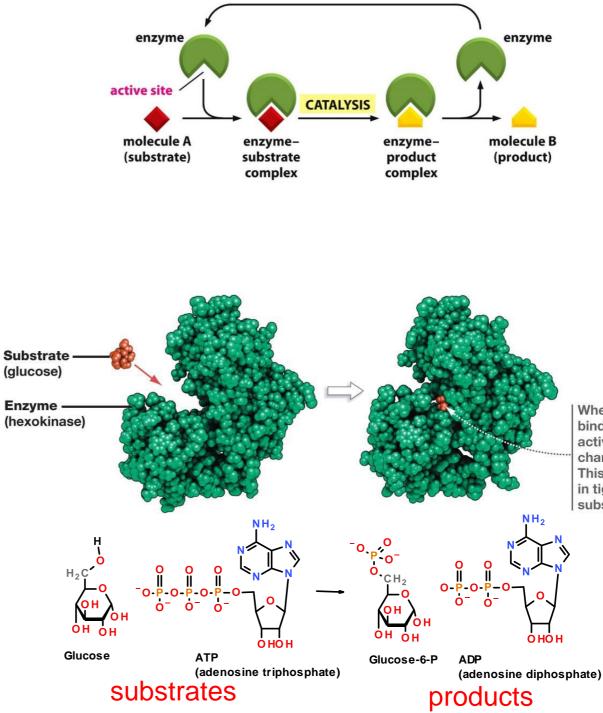
Binding is **saturable** 

Binding  $\frac{1}{2}$  point (Y=0.5) occurs at K<sub>D</sub> The higher the affinity (strength of interaction), the lower the  $K_{D}$ 



# Enzymes

- **Enzymes** are protein or RNA catalysts. They increase the rate of the reaction.
- They bind "substrates" and convert them to "products". Usually, the substrate undergoes a chemical reaction and is changed in its structure.
- Most biological chemical reactions occur at meaningful rates only in the presence of an enzyme.
- Substrates bind specifically to the enzyme's active site, interacting with amino acid side chains (or RNA bases). Usually a single enzyme binds one substrate.
- The chemical change caused by the enzyme is catalyzed by additional functional groups in the active site.
- Many enzymes undergo a conformational change when the substrates are bound to the active site; this change is called an **induced fit**.



When the substrate binds to the enzyme's active site, the enzyme changes shape slightly. This "induced fit" results in tighter binding of the substrate to the active site

# Enzyme – Chemical Diversity

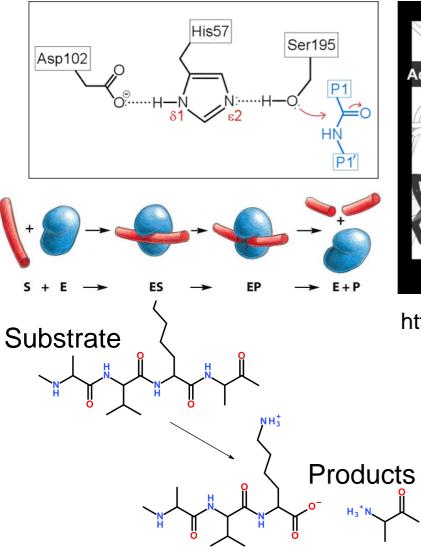
TABLE 4–1 SOME COMMON FUNCTIONAL CLASSES OF ENZYMES	
ENZYME CLASS	BIOCHEMICAL FUNCTION
Hydrolase	General term for enzymes that catalyze a hydrolytic cleavage reaction.
Nuclease	Breaks down nucleic acids by hydrolyzing bonds between nucleotides.
Protease	Breaks down proteins by hydrolyzing peptide bonds between amino acids.
Synthase	General name used for enzymes that synthesize molecules in anabolic reactions by condensing two molecules together.
Isomerase	Catalyzes the rearrangement of bonds within a single molecule.
Polymerase	Catalyzes polymerization reactions such as the synthesis of DNA and RNA.
Kinase	Catalyzes the addition of phosphate groups to molecules. Protein kinases are an important group of kinases that attach phosphate groups to proteins.
Phosphatase	Catalyzes the hydrolytic removal of a phosphate group from a molecule.
Oxido-reductase	General name for enzymes that catalyze reactions in which one molecule is oxidized while the other is reduced. Enzymes of this type are often called oxidases, reductases, or dehydrogenases.
ATPase	Hydrolyzes ATP. Many proteins with a wide range of roles have an energy- harnessing ATPase activity as part of their function, including motor proteins such as myosin and membrane transport proteins such as the sodium-potassium pump.

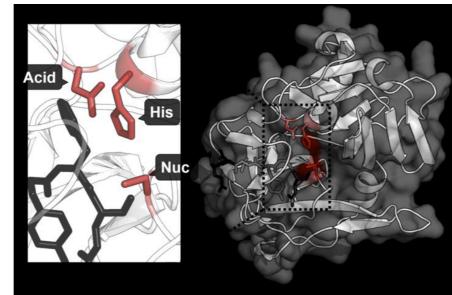
- Most enzyme names end in "-ase"
- Usually named by their substrates and the reactions they catalyse, i.e. glucose kinase

# Example of Active Site Functional Groups:

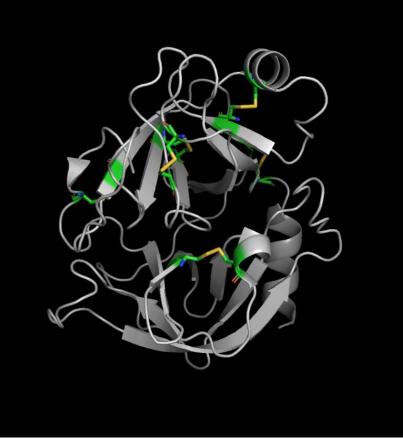
Catalytic triad (Asp, His, Ser) in Protease Trypsin cleaves after Lys Residues

Catalytic triad





https://shirleychemproject.weebly.com/



Disulfide bonds in trypsin

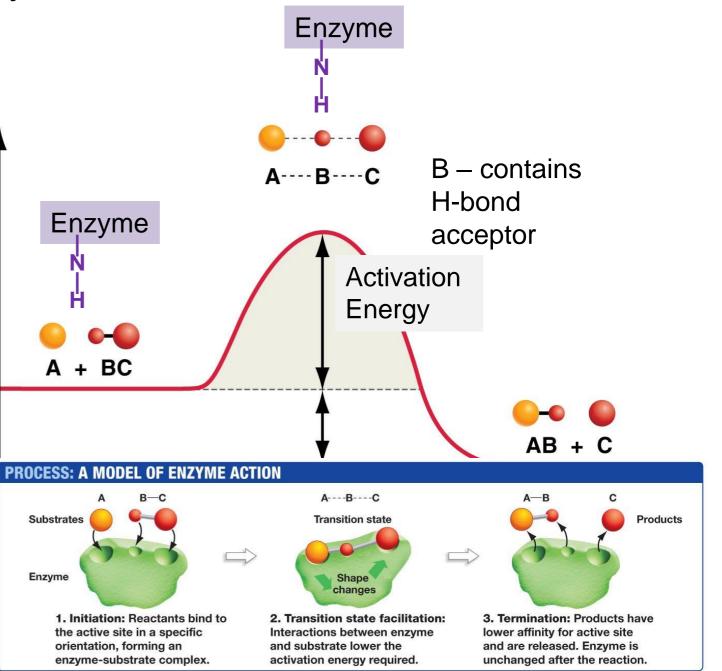
# How Do Enzymes Increase Rates?

- **Transition state** = high energy intermediate that occurs during the reaction.
- Energy barrier is called the activation energy.
- Rate of product formation depends on the concentration of the transition state.

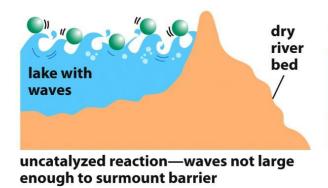
Low [X] = Slow reaction

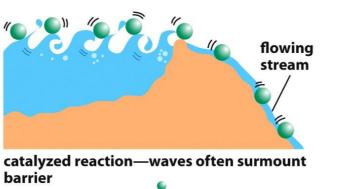
Higher [EX] = Faster reaction

- Interactions between the enzyme and the substrate stabilize the transition state (X) and lower the activation energy required for the reaction to proceed.
- Stabilization can include:
  - Pre- alignment of key groups in the active site, reducing entropy cost of organizing groups.
  - Direct interactions with the transition state (see diagram, N-H group interacts more favorably with the transition state)

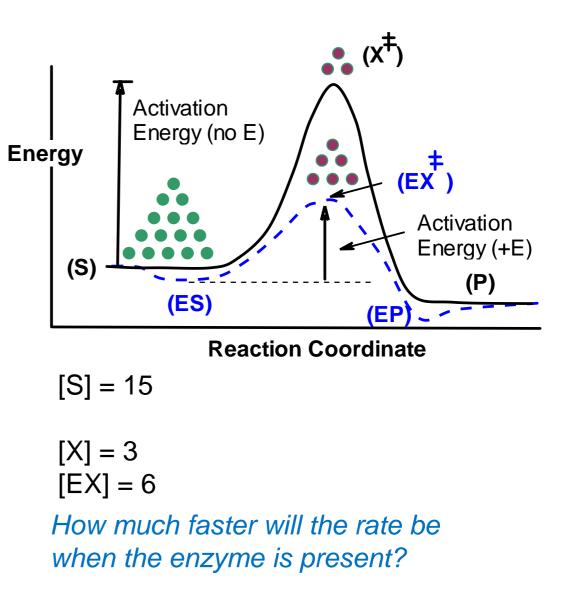


#### A model of transition state stabilization.





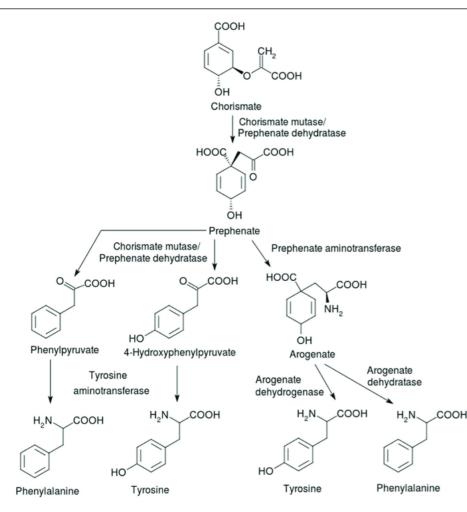
Lower energy of transition state allows more substrates to reach transition state due to their thermal energy.

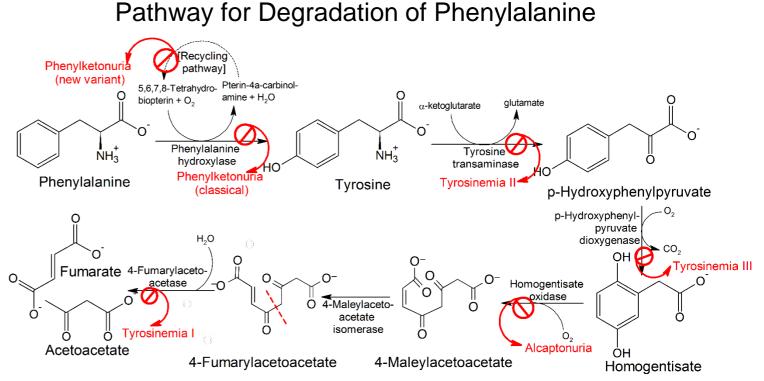


## Enzymes, Metabolic Pathways, and Diseases

Synthetic Pathway for Phe, Tyr (beginning with chorismite)

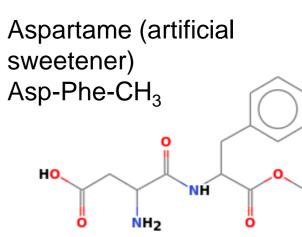
• Each step catalyzed by an enzyme





#### PKU Disease:

- Inactive phenylalanine hydroxylase
- Phe levels become toxic:
- Neurological problems
  - Intellectual disability
  - Developmental delays
  - Mental health disorders.

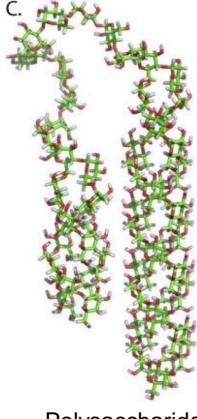


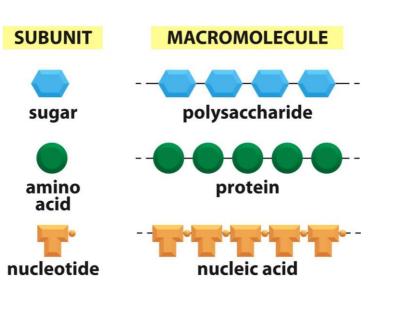
# **Key Points:**

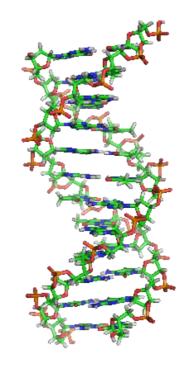
## **Enzymes:**

- Enzymes bind substrates (S), forming (ES) complex in active site, converting to P, releasing P.
- Rate enhancement since the transition state complex (EX) forms more readily with enzymes due to:
  - Bringing substrates and functional groups on the enzyme together by binding (less entropy change)
  - Directly lowering energy of transition state (X) through favorable interactions that are unique to the transition state, such as forming unique hydrogen bonds.
- Genetic diseases that lead to inactive metabolic enzymes can cause disease due to the build-up of toxic intermediates.

## Carbohydrates







DNA (Nucleic Acid)

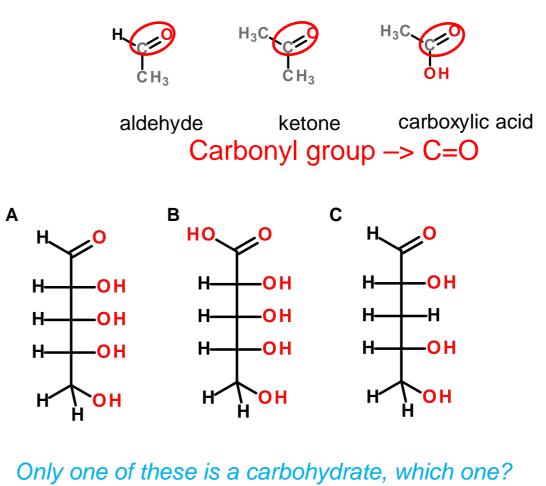
Polysaccharide

## Carbohydrates

- Monosaccharides (one sugar),
- oligosaccharides (few sugars)
- polysaccharides (many sugars)
- Chemical formula is (CH<sub>2</sub>O)<sub>n</sub> (e.g. hydrated carbon)
- They are molecules with:
  - one aldehyde or ketone group, on 1<sup>st</sup> or 2<sup>nd</sup> carbon
  - OH group on <u>all</u> other carbons, leading to a chiral carbon for most carbons.

#### **Functional groups:**

Α



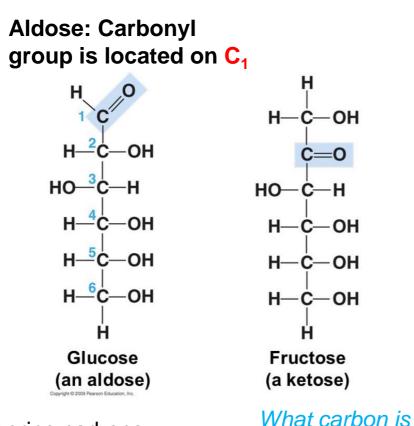
B

С

3 ways simple sugars (monosaccharides) differ from each other

## 1. Location of the carbonyl group

 Number of carbons
 Spatial arrangement of atoms (the position of the OH groups)

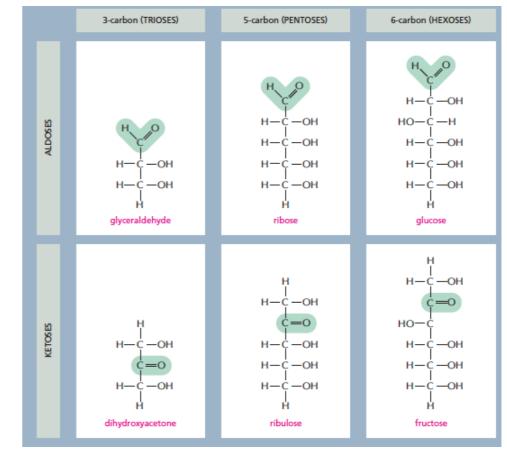


the carbonyl?

Numbering carbons: Carbon 1 is at the end closest to the C=O group.

# Location of the carbonyl group Number of carbons

3. Spatial arrangement of atoms (the position of the OH groups)



3 ways simple sugars (monosaccharides) differ from each other

H. H. 1. Location of the carbonyl group 2. Number of carbons H -OH -OH H **3. Spatial arrangement of atoms** HO--H HO-(the position of the OH groups) HO--H -OH H H--OH Both have the same H--OH ĊH2OH chemical formula ĊH2OH  $C_6H_{12}O_6$ . Both are Galactose Glucose aldose sugars with 6 They have different interactions with CH2OH galactose CH2OH alucose Yet their functions are enzymes due to the HQ Mirror plane different chirality at Glucose can be used carbon 4. OH is down in НÒ glucose Ser Galactose has to be Ser OH is up in galactose Ser converted to glucose Ser before it can be used Enzyme

for energy.

for energy

immediately.

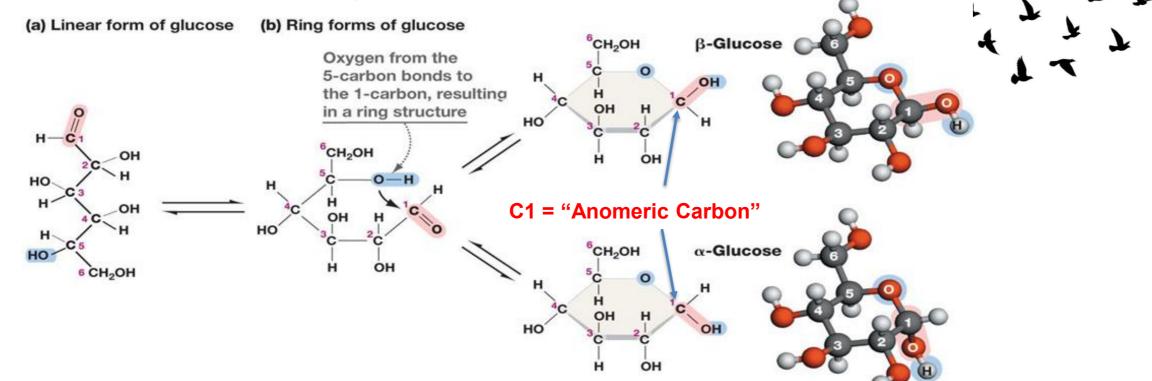
specific for aglucose Drugs and Disease S2025 - Lecture 2

carbons.

different.

47

## Ring formation in Monosaccharides:



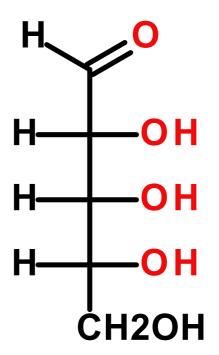
- In aqueous solution, a hydroxyl group reacts with the aldehyde or ketone group on the same molecule, closing the molecule into a ring, with a bridging oxygen
- It is usually the 2<sup>nd</sup> to last -OH group, i.e. C5 in glucose, C4 in ribose.
- Stable ring sizes are 5 atoms or 6 atoms
- No atoms are lost or gained in this reaction.
- The carbonyl carbon becomes chiral and is called the *anomeric carbon*.
- The rings with different chirality at C1 are different:

 $\alpha$  (new OH is down),  $\beta$  (new OH is up) *"(ants are down, birds are up)"* 

#### Example Problem:

The linear form of ribose, a 5 carbon aldose is shown on the right. This sugar is found in RNA (ribonucleic acid).

- 1. Number the carbons.
- 2. Which carbons are chiral? Mark them with a \*.
- 3. Draw the cyclic form of  $\alpha$ -ribose



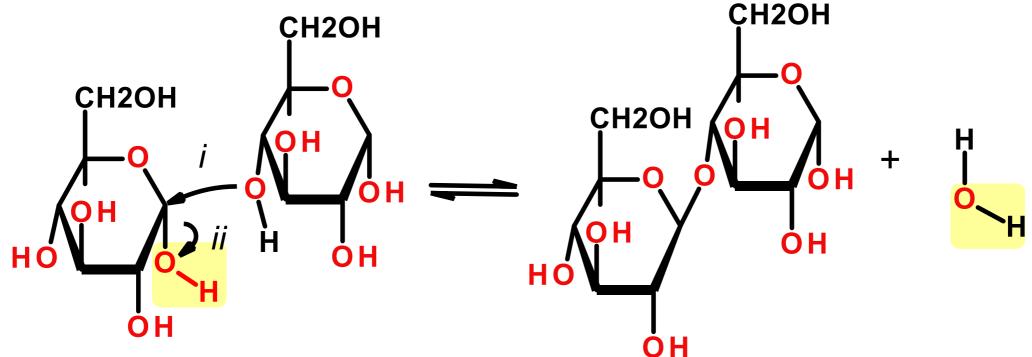
# Disaccharides

Linkage of the anomeric carbon of one monosaccharide to the OH of another monosaccharide via a *condensation* reaction.

#### The bond is termed a *glycosidic bond*:

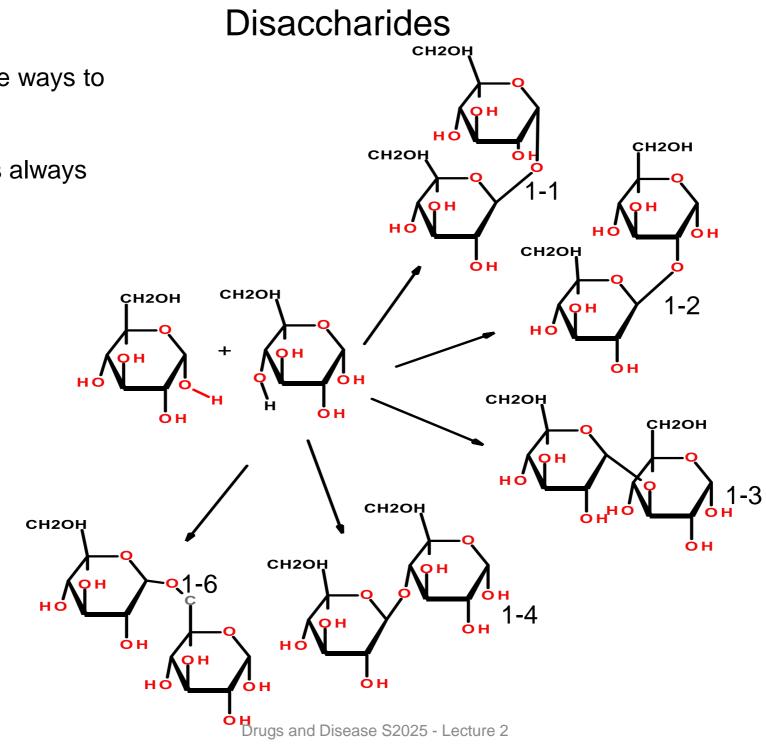
- *i)* The anomeric carbon is the site of attack by another -OH group.
- ii) A water is released

Why is the anomeric carbon the preferred site for bond formation (nucleophilic attack)?



Nomenclature rules for linkage:

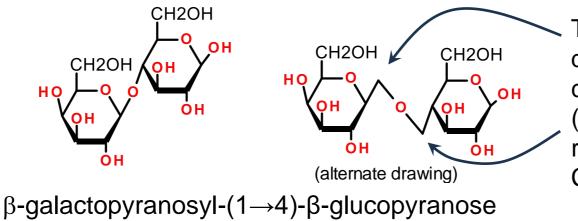
- Orientation of the **anomeric** involved in the linkage ( $\alpha$  oxygen is down,  $\beta$  oxygen is up)
- Carbons involved in the linkage (e.g. 1-4) Drugs and Disease S2025 - Lecture 2



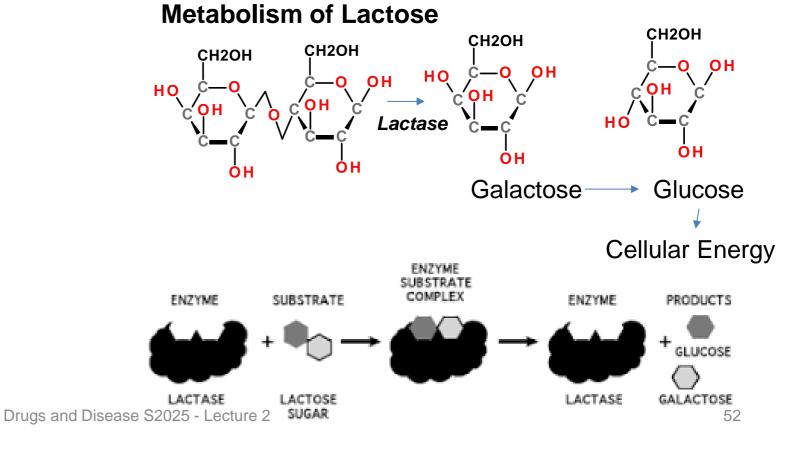
There are many possible ways to connect two sugars.

At least one anomeric is always involved.

## Disaccharides

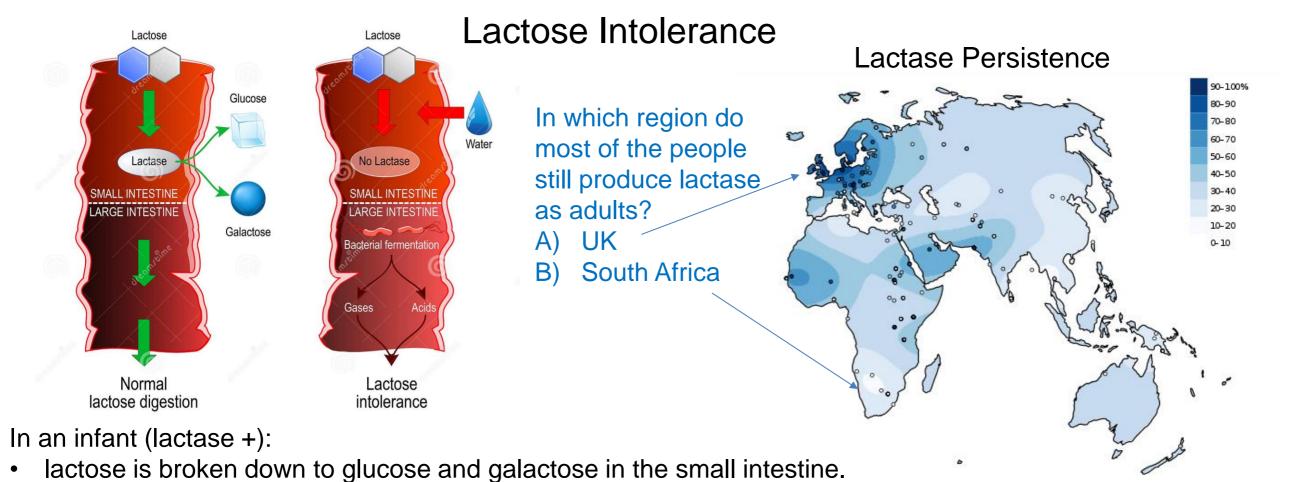


These kinks are not carbons but are drawn in this way to indicate that the chirality of the anomeric is beta (pointing up). The kinks allow the line to reach the downward pointing –OH on C4 in glucose.



Lactose is the major sugar in mammalian milk.

- Infants produce the enzyme *lactase* to hydrolyze the disaccharide to monosaccharides.
- Lactase expression is turned off in some adults, depending on their genetic background.



• The two sugars are absorbed and used for energy

In a lactose intolerant individual (lactase -)

- The lactose is not absorbed in the small intestine, but instead draws water into the intestine due to osmosis – leading to bloating and diarrhea.
- Lactose enters the large intestine where gut bacteria use it as a carbon source, generating gas.

## Lactose Intolerance

What to do if you are lactose intolerant:

#### A. Consume less lactose

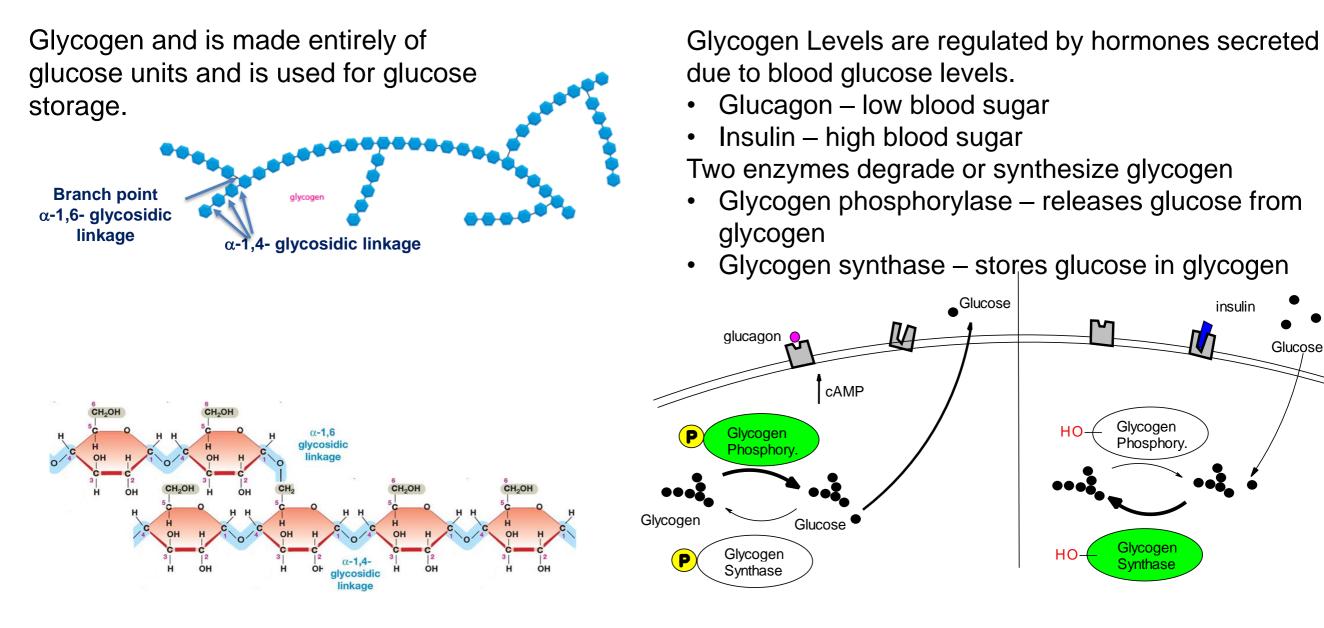


B. Hydrolyze the lactose to glucose and galactose before consumption.

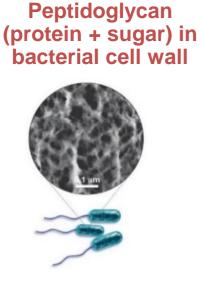


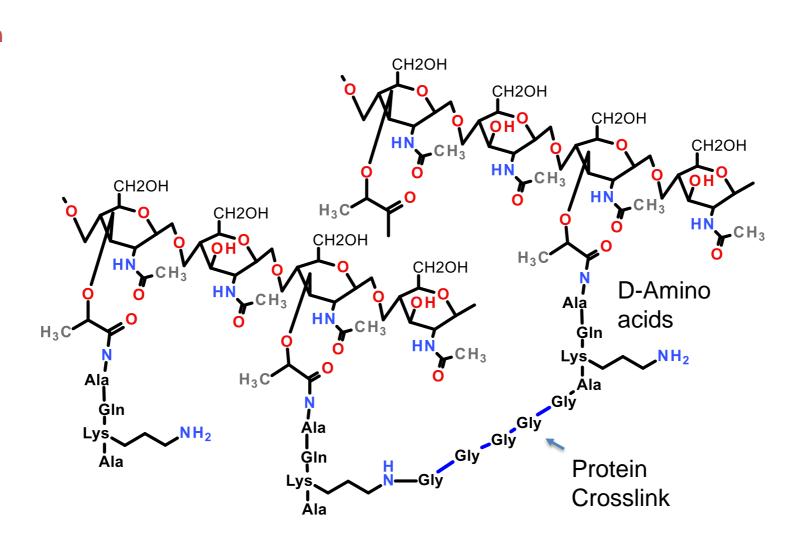


## Polysaccharides as Energy Storage – Glycogen Storage Disease



# Polysaccharides as Structural Molecules





## Peptidoglycan (Bacterial Cell Wall)

Many antibiotics interfere with cell wall synthesis (e.g. penicillin)

# Summary and Expectations for Carbohydrates

## **Key Points:**

- General structure of monosaccharides be able to distinguish between aldose and ketose (and identify compounds that are not sugars).
- Know how to number carbons on aldoses and ketoses
- Be able to describe the linkage between two monosaccharides (configuration at the anomeric carbon, atoms linked)
- Treatments for lactose intolerance
- Be able to describe the linkage between glucose molecules in:
  - Glycogen (glucose storage)
- Be able to describe the overall structure of the peptidoglycan in bacterial cell walls.